

## At Sea to Antarctica

"I find the greatest thing in this world is not so much where we stand as is which direction we are moving. To reach the port of heaven, we must sail sometimes with the wind and sometimes against it, but we must sail, and not drift, nor lie at anchor."

## Oliver Wendell Holmes

0700	Early morning coffee, tea and pastries are available in the Club (Deck 4)
0745	Wake-up call
0800 - 0900	Breakfast is served in the Dining Room (Deck 3)
0915	Mandatory Landing Guidelines & Zodiac Safety Briefing, with your Expedition Leader Woody and Marine Biologist Annie in the Main Lounge (Deck 5)
1045	<b>Kayak Information &amp; Safety Briefing</b> with your Kayak Guides <b>Ryan &amp; Michael</b> in the Observation Lounge (Deck 7)
1130	Presentation: 'Birds of the Drake Passage and Antarctic Peninsula', with your Ornithologist Fabrice in the Main Lounge (Deck 5)
1230 - 1330	Lunch is served in the Dining Room (Deck 3) and the Restaurant (Deck 4)
1400	Presentation: 'Capturing the Experience: Photographic Basics' with your Photography Guide Acacia in the Main Lounge (Deck 5). Don't forget to bring your camera!
1515	Kayak Gear Briefing in the Dining Room (Deck 3)
1600	Afternoon Tea is served in the Club (Deck 4)
1630	Mandatory Biosecurity & Boot Distribution Please listen to announcements as you will be called by deck
1800	Expedition Recap & Briefing in the Main Lounge (Deck 5)
1900	Captain's Welcome Cocktail in the Main Lounge (Deck 5)
1930 - 2100	Welcome Dinner is served in the Dining Room (Deck 3) and the Restaurant (Deck 4)
2100	Join your fellow shipmates for a casual evening cocktail in the Club (Deck 4)

In-Cabin Channels: 20 – Japanese | 22 – Educational | 24 – Hollywood | 26 – Chinese

Reception - 999; Emergency - 998; Doctor - contact Reception or Expedition Team